

Life Skills

Course Outline

The ASDAN Certificate of Personal Effectiveness is a course designed to allow students to develop a range of skills. It is aimed at providing a way in which students can gain credits for what they have learnt from a wider variety of activities which can be accessed both inside and outside of school life.

It encourages students to work independently in order to learn whilst completing a variety of activities. Students are guided initially, then are encouraged to choose different activities which suit their own skills, types of learning and the pace at which they are comfortable.

The course recognises personal achievement which helps individuals to manage their own learning. It broadens their experiences and develops employability skills and personal effectiveness.

What will I study?

Students will have the choice of studying from 12 different modules. These modules range from Communications and Sports and Leisure to the Environment and Expressive Arts. The range is vast so that every student will have an opportunity to succeed.

Each module is divided into section A, B and C. Student must select which section they want to study in order to gain a credit. To achieve a level 1 or 2, students must gain 12 credits. Level 2 student must be more independent learners and must attempt at least 6 credits from sections B and C.

As well as gaining 12 credits students complete 6 key skills. These key skills are as follows:

- Working with others.
- Improving own learning.
- Problem solving.
- Research.
- Student discussion.
- Oral presentation.

