

ST. ILLTYD'S  
CATHOLIC HIGH  
SCHOOL

Newport Road, Rumney,  
Cardiff CF3 1XQ  
Tel: 029 2077 8174  
Email: stilltydshigh@cardiff.gov.uk  
Website: www.stillyds.org.uk  
Headteacher: Mr D B Thomas



YSGOL UWCHRADD  
GATHOLIG ILLTUD  
SANT

Heol Casnewydd, Rhymney,  
Caerdydd CF3 1XQ  
Ffôn: 029 2077 8174  
Eboost: stilltydshigh@cardiff.gov.uk  
Gwefan: www.stillyds.org.uk  
Prifathro: Mr D B Thomas

1<sup>st</sup> October 2021

Dear Parent/Carer,

I have been asked to pass on the letter below, from Cardiff Council, to all parents/carers in all year groups:-

We have been advised that there have been a number of confirmed cases of COVID-19 among children in our school.

As long as they remain well your child can continue to attend school, however, we would ask that you be vigilant for symptoms of COVID-19 in your child. If they develop these symptoms, they should not attend school and should get a PCR test immediately. The classic symptoms of COVID-19 are:

- fever (greater than 37.8°C);
- new persistent/continuous cough; and/or
- loss or change in sense of taste or smell.

COVID-19 can be milder in children and young people and we would also encourage you to arrange for your child to get a PCR test if they experience any of the wider symptoms that can be present in children with COVID-19, if they are new or unusual for them. These wider symptoms are fatigue, headache, a sore throat, loss of appetite, nausea, vomiting, or diarrhoea.

If the outcome of your child's PCR test is positive, they will be required to self-isolate for a period of 10 days.

If anyone in your household develops COVID-19 symptoms, however mild, they should also seek a PCR test as soon as possible and follow the guidance at <https://gov.wales/self-isolation-stay-home-guidance-households-possible-coronavirus>.

Schools are not always aware of personal circumstances and there may be vulnerable adults or children within your household or extended contact group. We hope that by giving you this information it may assist you in any decisions you may make regarding visiting elderly or vulnerable people and protecting those close to you.

As long as you and your family remain well you do not need to take any further action at this time, this letter is for information only. However, you may receive further correspondence from the Cardiff & Vale Test Trace Protect (TTP) team who may provide you with further information and instructions. If you do not hear from them you can continue as normal.

Anyone who is fully vaccinated (with a period of 14 days having passed since the full vaccination course was completed) or is under the age of 18 does not need to self-isolate if they are identified as a close contact of a confirmed case, unless they are advised to do so by TTP.

*Together in Christ, we make a difference*

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Further information and advice can be obtained via TTP: 02920 788320

We know that in general COVID-19 doesn't affect young people as seriously as it does others in our families and community. But to help keep others safe, there are still some things you/your child can do to reduce the risk of spreading the infection.

We recommend your child and household:

- **Remain alert for new symptoms.**

If you/your child start to feel unwell, with any of the symptoms described in this letter you/your child should stay away from school and get a PCR test.

- **Keep washing hands regularly.**

This is still an important way to limit the spread of many infections, including COVID-19.

- **Take up the offer of vaccination if you are eligible**

If anyone in your household is eligible for the COVID-19 vaccine, but hasn't yet had both doses, please be assured your vaccine is ready and waiting for you. Information on accessing your vaccination is available here <https://cavuhb.nhs.wales/covid-19/cavuhb-covid-19-mass-vaccination-programme/>

- **Participate in the twice weekly LFD testing**

Please help to keep asymptomatic cases of COVID-19 out of our school by following the latest Welsh Government guidance on LFD testing for secondary school pupils <https://gov.wales/get-rapid-lateral-flow-covid-19-tests-if-you-do-not-have-symptoms>

We know how disruptive the last year has been for everyone. This year we want to keep your child in school as much as possible, but we also want to keep to our part in keeping our communities safe from the effects of COVID-19.

Thank you for taking the time to read this letter and as always if you have any questions or concerns please do not hesitate to contact the number above or the relevant Head of Year here at school.

Yours sincerely,

D B Thomas

A handwritten signature in black ink that reads 'D. B. Thomas'.

Headteacher

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