



World Book Day celebrations & Karl Nova visit



At St Illtyd's, we always make a big effort to mark World Book Day, and this year was no exception.

Every form group was invited to dress their doors in a literary theme. Our Head Teacher, Mr David Thomas judged the doors and the winning doors can be seen here. First place went to 8TC, second place to 11LO and third place to 9LD. Well done to everyone- the doors were all fantastic and the best we have ever had!

Pupils were invited to take part in several activities throughout the day which included a quiz during form time (winning forms were 11LO, 8SM & 9TD who all receive praises), a one sentence horror story competition (winners were Sulaiman Korteh 8ON and Adah Benedicto 8NW who both win sweets), a Harry Potter quiz at break time and a "shelfie" competition in which pupils had to guess which book shelves belonged to which staff (won by Bethabara Opare 8RJ who wins sweets). The day was completed with staff dressing up

as literary characters (see photo right & below).

Some of the entries for our one sentence horror story competition including the two winning entries can be seen on page 2.

This year however, our World Book Day celebrations continued into a second day when >> (cont.)



HEAD'S MESSAGE | NEGES Y PENNAETH

In schools, this last term between the celebrations of Christmas and Easter, is always one packed with things to do and deadlines to meet – for pupils and staff alike.

This year has been no different.

Our Year 11 and Year 10 pupils are preparing for the first public examinations since 2019. Like all year groups their experience of school has been far from "normal" and as such it is a real challenge for them, the staff and you their families to make sure they are as prepared as they possibly can be for the experience to come.

We have received assurances that this political decision to run public examinations will not be at the expense of pupils and the grades they achieve. Content of courses have been cut and grade boundaries are to be adjusted so that none are disadvantaged. We shall see.

All we can do is control what we can and the message to Year 11, and all year groups, is to come to school, focus in lessons and take advantage of the revision classes and after school opportunities that



are on offer. In doing so your chances of success will be greatly enhanced. It is time to just go for it and we are delighted to see so many who are.

Again, the New Illydian is full of examples of the pupils and school emerging from the pandemic and getting on with doing what we do – enjoying school and the opportunities that it has to offer.

We are all dealing with the aftermath of the last two years and it has been great to see our pupils, especially the younger ones, getting back into the "swing" of school and, where needed, catching up on the knowledge and skills which are essential for them to progress, especially in literacy and numeracy. This is so important, not just for the purpose of exams but for the future of their entire lives.

So, as we enter the summer term there is lots to celebrate and lots to be thankful for. I wish all our pupils and families a happy Easter. It is a wonderful time of year. A time of rebirth and one to look to the future. A message that couldn't be more apt in 2022.

Thank you all for your continued support of the school.

"The great gift of Easter is hope." - Basil Hume
Mr DB Thomas, Head Teacher

World Book Day celebrations & Karl Nova visit

>> (from page 1) we invited hip hop artist, poet and author Karl Nova to our school. All our KS3 pupils enjoyed a presentation from Karl, in which he talked about what influenced him to get into poetry as well as performing several of his poems. Karl's engaging delivery meant that pupils thoroughly enjoyed this opportunity. Karl spent the rest of his day with us delivering two poetry workshops. The work created in these workshops by some of our pupils can be seen on this page. To complete the day, Karl held a book signing session in which pupils were able to buy books and get them signed.

We would like to thank Karl Nova for visiting our school and all the team at Authors Abroad for arranging this visit for us. We would like to especially thank Cardiff St David's Rotary Club and First Campus who jointly funded this day for us and made it possible. Karl's books are for sale at: <https://karlnovaworld.wordpress.com/>
 LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR & MEL COOPER, LITERACY CO-ORDINATOR & TEACHER OF ENGLISH



one sentence horror story competition

winner!

'My son insisted there was a monster in the closet so I suggested going for a walk, hoping the monster didn't realise I had noticed it.'
 Sulaiman Korteh 8ON

'All winter she looked for her missing daughter until the spring came and the snowman outside her window began to melt; little did she know, the suspect had a sense of humour.'
 Taryn Spence 12O

winner!

'I was holding a white mug when my sister pushed me off my chair; my dad dragged me away as I tried to pick up the pieces and realised they were shards of my skull!'
 Adah Benedicto 8NW

'I threw myself in the corner with my eyes screwed closed and waited as the scratching against the old floorboards grew louder.'
 Ellie May Rose 10MGC

Poetry writing workshops

Feeling really sad
 So many insecurities
 But every day I say to myself
 Embrace yourself.

Enter the doors to the classroom
 Everyone looking at me
 But in my head I say
 Embrace yourself.

Thank God the day is finished
 Now at home
 But the next day is another day to tell myself to
 Embrace yourself.

Oreoluwa Kehinde, 7VT

'I woke up in a cold room gasping for air as I heard the faint scream of a young girl and mighty footsteps getting closer.'
 Bethabara Opare 8RJ

'Don't stop running, he's lurking in the shadows!'
 Chelsea Needham 7ZJ

Craft Club's Spring creations

Craft Club continues to be enjoyed by our Year 7 pupils every Tuesday after school, 3.00-4.00pm. The club is run by Mrs Powell in AR2. The club members would like to share their latest creations made this term which include Valentine's Day cards, badges and trinket boxes. Craft Club always welcomes new members - if you would like to join, please see Mrs Powell or Mrs May for a consent letter.



Careers Wales update



This term our Careers Wales Careers Adviser Nick Sparrow has been busy getting out and about with groups of pupils on college and employer engagement visits. Visits have included a visit to Dudleys Aluminium for pupils interested in apprenticeships. Pupils had a tour of the workshops and offices and had a talk on the company's Manufacturing and Estimator apprenticeships. Another visit was to Magda Cardiff where pupils had a tour of the dealership and learnt about the opportunities in this industry. Nick has also taken several groups of



Gyrfu Cymru
 Careers Wales

pupils to Cardiff and Vale College for a tour of their facilities. One group were lucky enough to visit the bakery just as fresh scones were coming out of the oven and got to sample them!

Back in school Year 11 pupils have enjoyed talks from South Wales Police about the roles available and the different routes into this career and Year 7 pupils had a talk from CatSci

Ltd about working in science and working as a chemist. CatSci Ltd have become "Valued Partners" with our school and further careers sessions are planned with them. Joanne Gower from Cardiff and Vale College has spent time offering pupils guidance and advice sessions.

We would like to thank all the colleges and employers who have given up their time to support our pupils this term.

For any advice on applying for college, apprenticeships or work, Nick Sparrow can be contacted on: nick.sparrow@careerswales.gov.wales or 07931 166741.

Spirituality & Chaplaincy at St Illtyd's

Welcome to the Spirituality section of the New Illtydian. I am delighted Catholicity and Spirituality are finally beginning to flourish after the last two years.

The appointment of our school chaplain Victoria Wonnacott is an exciting opportunity to help our pupils and staff to develop their relationship with Christ and each other. This term has been really busy with services in our new chapel, a focus on Ash Wednesday, charity donations for Ukraine and the further development of the Jesuit Pupil Profile.

Have a happy and holy Easter.

PAUL MORIARTY, DEPUTY HEADTEACHER



Chapel

We are delighted to be able to announce that our chapel has had a renovation and is back in use as the main focus of regular worship in the school.

The chapel has been decorated and certain religious aspects have been added to the decor. We have acquired a beautiful set of Stations of the Cross that have been painted in the style of the Liberation Theology movement and were inspired by St Oscar Romero. Liberation Theology is a religious movement especially among Roman Catholic clergy in Latin America that combines political philosophy usually with a theology of salvation as liberation from injustice. We



have chosen this style of Stations as a constant reminder of our mission as Catholics to combat injustice in all its forms and to spread Christ's message of love in our words and actions.

Our altar has been adorned with a tapestry of the Last Supper to remind us of the sacrificial nature of the faith. Christ's sacrifice on the cross is an example to us all that we will be called to put others first at times in our lives and that this can be a difficult decision for us to make.

We have recently been entrusted with a statue of Our Lady of Fatima. The statue stands proudly on our altar as a reminder of the important role Mary plays in the story of our salvation as the Mother of God. In time we hope to take the statue to our feeder primary schools and involve the younger pupils of our community in collaborative acts of worship.

The Chapel has already seen plenty of activity in the last few weeks. All pupils in Year 7, 8 and 9 have taken part in a service. The service focused on the meaning of the Epiphany, the visit of the Magi (or wise men) to the infant Jesus, and the gifts they brought to him. Our focus was on the gifts that we have and how we can use them to serve God. This term we will focus on the Stations of the Cross and what Jesus' journey to Calvary means for us in the modern day.

Staff have taken advantage of the Chapel by having a weekly prayer reflection on a Friday morning. The focus of these reflections varies from

week to week and can be personal to the member of staff leading it or on a wider religious aspect.

We have recently appointed a new Chaplain, Mrs Victoria Wonnacott (pictured), to help us drive forward the spiritual nature of the school. I would like to take this opportunity to welcome her on behalf of all of you to the St Illtyd's community.

DAVID BROWN, HEAD OF RELIGIOUS STUDIES

Jesuit Pupil Profile

This term pupils have been learning about and following these themes of the Jesuit Pupil Profile:

Grateful & Generous

Pupils in a Jesuit school are growing to be grateful for their own gifts, for the gift of other people, and for the blessings of each day; and generous with their gifts, becoming men and women for others.

Attentive and Discerning

Pupils in a Jesuit school are growing to be attentive to their experience and to their vocation; and discerning about the choices they make and the effects of those choices.

Sacrament of Confirmation

On 30th November 2021, several of our pupils received the Sacrament of Confirmation. The Sacrament of Confirmation was administered by Father Brian at St Cadoc's Catholic Church. We would like to congratulate all our pupils and wish them all the best as they continue their spiritual journey through life.

- Fia Gino
- John-Paul Hamer
- Oscar Cebrynski
- Sophie Harris
- Annie Crofts
- Camille Miteleji
- Kathryn Egembaukwu
- Dominic Sajeev



Helping Ukraine

During the week of 7th March St. Illtyd's staff and pupils collected baby items to send to the refugee children fleeing Ukraine. As a school we were all upset by the images we have seen on the TV and in the media and we wanted to help. Millie Gold who is the Pupil Representative for Year 9 and Mr. Tay's Duke of Edinburgh group led the collection. Both Millie and another pupil, TJ Lewis, have written about why they wanted to help. At the end of the week the school had donated enough items to fill the school minibus. Thank you to all parents, staff, and pupils for thinking of others.

"It has been an honour that St Illtyd's Catholic High School has been able to support Ukraine by giving a nursery a variety of resources, such nappies, baby wipes, baby items and many more. It is working with the Catholic teaching of Love your neighbour that we have collected for them the things they need during this horrible time. We cannot imagine how much grief and worry Ukraine must be going through but at St Illtyd's, all we say is that we are thinking of you and are in our thoughts. We hope we made a difference to help Ukraine and gave them the love of St Illtyd's."

MILLIE GOLD, YEAR 9

"We wanted to collect items for the children of Ukraine because it is very easy to think that this war does not have any impact on us because it is so far away, but the people affected are ordinary people like us. Many boys of our age who should be thinking of furthering their education with college, like we are in Year 11 now, are fighting for their country. That makes us feel humble."

TJ LEWIS, JAYDEN HOBBS & LEWIS COBERN, YEAR 11

DONNA JAMES, TEACHER OF RELIGIOUS STUDIES



Soul Box

Years 7, 8 and 9 pupils were very lucky this term to experience the uplifting and inspiring SoulBox band. Ben and Sam are an incredibly talented duo from Manchester who blend soul, rap and

beatbox to express the Christian message of resilience, wellbeing and bringing faith into our day to day. Everyone had a great day engaging in every session with SoulBox. Their incredible singing and beatboxing was a massive hit with all, especially the aspiring artists among us. It

was wonderful to see the impact on pupils, where they were encouraged to interact and motivate each other. Some of our pupils even won free tickets to their gig at the weekend! A great day was had by teachers and students alike.

VICTORIA WONNACOTT, CHAPLAIN

Ash Wednesday

On Ash Wednesday, Year 7 pupils and staff gathered to mark the start of Lent. The service was led by Head of Religious Studies, Mr David Brown, with readings from Head Teacher Mr David Thomas and Deputy Head, Mr Paul Moriarty. Pupils learnt about the meaning of receiving ashes on Ash Wednesday and about the season of Lent. The service ended with the distribution of ashes.



A huge HUGE Thank you to Ryan Landscaping!

Our partnership with Wates has continued to flourish this term. At St Illtyd's, we had a large piece of land within the school grounds that had become overgrown with weeds and brambles. **Charlie Hargreaves**, Community Investment Manager, and **Chris Parks**, Construction Manager from **Wates** both came across to look at the area, and as a result, got their landscaping company, **Ryan Landscaping** on board with the project.

A team from Ryan Landscaping gave up their time freely to come and clear the entire area for us. They cut back all the brambles and overgrown areas and treated the whole area to eliminate the weeds. They will finish off by rotavating the area, leaving the top soil refreshed

and ready for planting.

We have been completely blown away by the generosity of **Phil Ryan, Dan Coombes**, and all the team from Ryan Landscaping. The work that the team did for us would have taken us months and even years to do by hand. We would like to say a HUGE, HUGE thank you to Ryan Landscaping. We really appreciate the work they carried out. Ryan Landscaping have also generously donated 35 trees and stakes (Betula Pendula and Alnus Glutinosa) for us to use in the garden area. Our group photo of staff from St Illtyd's, Careers Wales, Wates and Ryan Landscaping was taken in front of some of these donated trees.

We would finally like to thank **Charlie**

Hargreaves, Chris Parks and **Kevin White** from Wates for their continuous support and for their recent kind donations of steel toe cap wellies for our pupils to wear whilst working in the garden and membrane and scaffolding planks to use in our garden.

Ryan Landscaping can be contacted:
Phil Ryan: phil@ryanlandscaping.co.uk
Tel: **02920 758761**, Mob: **07803 308617** or on LinkedIn:
www.linkedin.com/company/74793811/admin/
www.linkedin.com/in/daniel-coombes-5668a9201/
www.ryanlandscaping.co.uk
LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR



Garden Project

Our plan for the area going forward is to turn it into a garden to include vegetable plots, wildflowers, trees, and an outdoor learning area. Our Eco Club will be taking an active part in the creation of the garden. In addition to this, a team of Inspire 2 Achieve and targeted pupils in Year 11 are using the garden as work experience and their work has included planting trees, building a walk-in composter, building a hedgehog house and varnishing planters. The team has been guided and led by our Careers Wales Careers Adviser, Nick Sparrow.



If any local businesses would like to support our garden project in any way, either through donations of advice, materials, or hands on volunteer time, please contact **Luisa May**, Community Focused Schools Co-ordinator at St Illtyd's Catholic High School on **02920 778174** or MayL23@hwbcymru.net to discuss further.



A Grand Week in Wales

“A Grand Week in Wales” is a week-long series of events organised by an organisation called Nanny Biscuit. The aim of the event is to bring communities together in celebration of Wales and St David’s Day. Our business partners Wates sponsor “A Grand Week in Wales” and we were invited by them to take part in one of these events – the “Grand Welsh Pick”. On Monday 28th February, Eco Club members joined forces with staff from Wates

and Nanny Biscuit along with other volunteers to litter pick in the gully between St Illtyd’s and Wates. In a short space of time, our enthusiastic pupils collected an amazing 13 bags of litter including a vacuum cleaner, a guitar and a car parcel shelf! The following day – St David’s Day – pupils from several classes in St Illtyd’s became part of another “Grand Week in Wales” activity – “Grand Welsh Letters”. Pupils received St David’s Day cards from residents of Liberty Care Home in

Flintshire. These cards contained advice and thoughts that the older generation want to share with the younger generation. Pupils were encouraged to email the care home back with their own thoughts that they wished to share. We would like to thank Charlie Hargreaves, Community Investment Manager at Wates and James Hunt from CAFgas/Nanny Biscuit for inviting us to be part of these events. **LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR**



Eco Club update

This term Eco Club have continued to meet every Tuesday morning during registration. Members have been focusing on the topic of litter as this has become a major issue at our school. Members spent several sessions working as a team and putting together a presentation that would educate pupils about the dangers of litter on a global scale and highlight the issue at our school. After rehearsing the presentation, members presented it to pupils in Years 7 to 10 in their assemblies. They did a fantastic job and should feel extremely proud of themselves. We hope that with this anti-litter campaign along with the new bins that are arriving, the litter problem at our school will vastly improve. The next topic that Eco Club will be tackling is improving the school grounds. They plan to do this through the creation of the garden area and will be taking part in activities such as planting vegetables, sowing wildflower seeds and building bird boxes. We will update you on these activities in the next issue. **LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR AND ECO CLUB LEAD**



Year 7 Knitting Club

Knitting Club is a new after-school club that has started this term and is open to all pupils in Year 7. It takes place every Wednesday in EM14. Pupils are learning how to knit and will be eventually looking to create a teddy bear. We are also going to try embroidery. Pupils loved the first session and did amazingly well. Knitting Club is open to new members so come along and join us! **ALEX BRISCOMBE, HEAD OF YEAR 7 AND LYNNE MACINTOSH, ASSISTANT HEAD OF YEAR 7**



Breakfast with the Head

At the end of the Autumn term, pupils from across all year groups were selected to enjoy “Breakfast with the Head”. Pupils were nominated for this reward by their teachers. Pupils enjoyed a breakfast roll and a hot drink. Well done to all!





Year 7 First Aid

At St Illtyd's Catholic High School, we make it part of our mission to ensure that by the time our pupils leave us, they will be equipped with basic life skills. One important and vital life skill is being able to save a life. With this in mind, every year we arrange a one hour Basic First Aid Awareness course with St John Ambulance Cymru.

Over two days in January, all our Year 7 pupils took part in this. During the interactive and engaging one hour course, pupils learnt all about how to conduct a primary survey, how to call for an ambulance, how to put someone in the recovery position, how to do CPR on a casualty, how to

save someone from choking, dealing with bleeding and how to use a defibrillator. Pupils thoroughly enjoyed the course and gained confidence in saving a life. We are extremely grateful to Dionne Ford, Community Trainer, for her engaging delivery of the sessions and to Amy Davies, Community Engagement Manager at St John Ambulance Cymru for organising the sessions for us.

For young people aged 11-18 who would like to develop their first aid skills further, or who are interested in a career within the paramedic or medical profession, St John Ambulance Cymru offer the Cadets programme. The Cadets programme teaches young people first aid

along with other vital life skills such as social action and personal development. There are opportunities to put skills learnt to effective use by taking part in competitions and helping with medical cover at events alongside adult volunteers when they are old enough.

For more details on how to join the Cadets programme, how to volunteer and how to donate, please visit: www.sjacymru.org.uk

St John Ambulance also have a useful app which can be downloaded free on all Android and iPhone devices.

LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR

Strong Minds boxing project

During the Spring term, a group of Year 9 boys have been taking part in a project called Strong Minds at Llanrumney Phoenix Boxing Club. The boys attended every Wednesday morning for eight weeks. Each session allowed the boys to try out boxing as a form of physical fitness under the supervision of qualified boxing coaches. The second part of each session focused on well-being which allowed our pupils to explore the themes around self-image, peer pressure, substance misuse, respect, social media, relationships, and positive role models. We would like to thank Clare Barnett, Senior Youth Officer with Cardiff Youth Service for organising this programme along with Tony Richards and Stephen Presley from Llanrumney Phoenix Boxing Club for running the weekly sessions. Thank you also to Theresa Sullivan, Youth Mentor, and Mr Ibrahim for accompanying the pupils each week.



Textiles Club

Textiles Club has been running every Thursday after school with Miss Dennis in TE5. The club is open to all pupils in Years 8 and 9. This term pupils have been making pyjamas, tote bags and other items. Pupils can express their creativity by choosing what they would like to work on. If anyone would like to join, please see Miss Dennis for more information.



Robotics trip

Following on from coding sessions in November, two of our Year 8 science classes were invited to visit Cardiff Metropolitan University's Llandaff campus for the day to discover more about the EUREKA Robotics project that they have been working on there. Our pupils spent a session learning about the two robotic projects there – JD and NAO, the programming concepts behind them and discovering what

amazing things these robots can do. Pupils saw how the robots have been programmed to work out how old someone is, work out what mood someone is in and even lead an exercise class! Pupils enjoyed taking an active part in these presentations and our photos show a glimpse of the day. To complete the day, pupils had a campus tour and learnt about university life.

The day was extremely inspiring and

thoroughly enjoyed by all pupils. We would like to thank Kehinde, Aveen and ShuYang for the robotics presentations. We would also like to thank Alex Nita from First Campus for organising this day for us and the First Campus ambassadors for looking after us on the day.

www.firstcampus.org
LUISA MAY, COMMUNITY FOCUSED SCHOOLS CO-ORDINATOR

Hay Festival Scribblers Tour 2022



Award winning YA author Jenny Valentine hosted this year's Scribblers Tour as she and two other amazing authors helped the children express themselves creatively through poems. The pristine performing poet and playwright Joseph Coelho started the event with his incredible book told through poems: *The Girl Who Became A Tree*. After a short introduction to the book, he then encouraged the audience to create their own mesostic poem (a poem that has specific letters in the middle of each line to form a word). Joseph then went on to explain his story on how he became a poet and how most of his books were inspired from his experiences and hobbies. The audience then learned how to use different 'word worlds' to describe certain objects (their dream library). Some members used musical terms to describe their library while others used the world of food. One member even used the world of *Lord of The Rings*! To end the session, Mr Coelho shared his insights as to how poetry is imaginatively used to create stories.

Next was the magnificent Manjeet Mann, an author who fought against everyone's doubts to be where she is today. In the panel, she read an extract of her book: *Run Rebel*, a book about a girl who also has to face challenges in her life to define her place in the world. In her book, she uses repetitive writing, alliteration, and unique word placement to make the story feel more real. The audience practiced these techniques when they wrote non-stop about different emotions, writing their own poems using only alliteration, and writing about what they would take to different extreme locations. Rounding off the panel, Manjeet taught the audience to express themselves through their words by encouraging them to read their alliteration poems.



Student Experience: I really enjoyed talking with Joseph Coelho while he signed my book. We only talked for a couple of minutes but it was really insightful talking with him. We talked about the future and about how writing will influence the future so much. It was really fun talking with him even though it was so short. I'd love to go back there again next year.

To finish the event, some of the Cardiff Metropolitan University's own aspiring authors held a Q&A session so that the children left the event feeling satisfied. They then held their own activity in which the audience had to write a backstory about how a certain image came to be, erase the story, and write a different story. This taught the audience to let go of pieces they've written so that they could improve them.

Overall, this year's Scribblers Tour was a calligraphic celebration for aspiring authors and literacy fanatics alike. The activities engaged everyone in the audience and the story telling from both authors captivated everyone.

GABRIEL NAVARRO 9DNE



Year 10 Numeracy Buddies

We are excited to introduce our new "Numeracy Buddies"! Pupils in Year 10 who are More Able and Talented in Maths have been selected to act as "Numeracy Buddies". Their role involves going into KS3 registration classes on numeracy days and supporting targeted pupils in their numeracy activities. Through these new roles, Year 10 pupils will learn responsibility, communication, and team work skills whilst KS3 pupils will gain vital, extra support to improve their numeracy skills. We wish all our new "Numeracy Buddies" all the best in their new roles!

DAWN JENKINS, ASSISTANT HEAD TEACHER FOR INCLUSION

Madam Butterfly

The Performing Arts department were successful in securing 50 free tickets to attend *Madam Butterfly* performed by the Welsh National Opera at the Millennium Centre. For all students involved this was the first time they had attended an opera, and many left completely inspired and moved by the music.

Madam Butterfly is an opera by Puccini and is a powerful story of unrequited love, human pain and suffering which is magnificently intensified by Puccini's glorious music. The performance was full of drama, emotion and was a pleasure to watch.

JULIE SMITH, HEAD OF PERFORMING ARTS



Year 11 food practical exams

Year 11 have recently completed their NEA task 2 where they were asked to plan and produce three dishes that involve chicken as it is a versatile commodity. Pupils used a variety of skills they have practiced over their GCSE course such as pasta and bread making, sauces and a number of diverse cooking methods. They all worked extremely well and have produced some fantastic dishes. I am so proud of them all.

- Dylan Beverstock – Chicken Parmesan with a tomato sauce
- Tabitha Mbanza – Sticky sesame chicken goujons
- Ashley Shoniwa – Fried buttermilk chicken burger with homemade bun and peri mayonnaise
- Joy Osei – Chicken fried rice
- Michelle Bleda – Bim bap
- Gianna Rankin – Chicken Alfredo

BETH PASK-WILLIAMS, TEACHER OF FOOD TECHNOLOGY



Year 9 Careers Day



At the beginning of December, all Year 9 pupils took part in a Careers Day in which they listened to a number of presentations from employers. The sessions were informative and provided useful information on the variety of careers available

to them when they leave education. We would like to say a huge thank you to Charlie Hargreaves from Wates Residential, Shannon & Will from British Transport Police, Rachel, Emily & Andrew from Network Rail and all the staff from ISA Training for giving

up their time to attend our careers day. We would also like to thank Adrian Cole, Business Engagement Adviser at Careers Wales and Nick Sparrow, Careers Adviser at Careers Wales/St Illtyd's for organising the day for us.

Rewards at St Illtyd's



Dontae Malcolm



Emma Spencer



Madison Allen

St Illtyd's is divided into seven houses- Martin Luther King, Tanni Grey-Thompson, Marie Curie, Nelson Mandela, Archbishop Oscar Romero, Pope John Paul II, and Saint Mother Teresa.

Each form in a year group belongs to one of these houses. Pupils can win points for their houses in several ways- for having excellent attendance, receiving merits in lessons or around school, or for taking part in sports day or any other house competition. Every week a pupil has 100% attendance, they earn 50 points. Every week a pupil has no behaviour concerns, they earn 50 points. If a house finishes the half term with the most combined points, every form group in that house is rewarded with a non-uniform day in the last week of term.

In addition to this, there are a wide range of prizes that pupils can buy using their reward

points in the school's "Reward Shop." These prizes include basketballs, footballs, rugby balls and canteen queue skip passes. Pupils can donate their points to the school's chosen charity and so far, pupils have kindly donated £247.50 to the World Wildlife Fund. Another way to spend points is by buying tickets for a raffle draw that includes prizes such as a Chrome book, Air pods, an iPhone charger, and various vouchers. The first draw took place on 2nd March and we would like to congratulate the winners below. The photos show some of our winners.

The next raffle will be drawn mid-way through the summer term, just after the half term break. Pupils - keep checking the Rewards Shop for new prizes and to spend those well-earned points! Keep up the excellent work! New rewards for next term include art materials and some new vouchers.

1. Dontae Malcolm 7BS
2. Zak Marlow-Payne 10MH
3. Milly Mulqueen 11BP
4. Elijah Bediako 7HA
5. Dave Niecikowski 7VT
6. Tinuola Opare 8SM
7. Kitty Chim 7HA
8. Lewis Baggett 11AK
9. Jenson Dudley 7ZJ
10. Dilshan Singh 7ZJ
11. Lewis Cobern 11MS
12. Joshua Haines 11MS
13. Madison Allen 9RG
14. Dylan Davies 8LG
15. Dooa Siddiq 8NW
16. Emma Spencer 11MC



Lewis Baggett



Milly Mulqueen



Joshua Haines



Zak Marlow-Payne

Sports/Chwaraeon



Year 7 Rugby



Year 7 Seven-a-side Rugby



Year 8 Seven-a-side Rugby

Year 7 rugby

The Year 7 rugby team are eagerly waiting to find out who they are playing in the next round of the Cardiff Schools Plate. Their next game will be against either Cantonian High School or St Teilo's High School. The game will be played before the Easter break.

The Year 7, seven-a-side rugby team played exceptionally well against tough opposition at the annual Cardiff Schools Rugby Tournament. They started with an impressive win against Whitchurch High, scoring some fast tries early on. Their second game was against Plasmawr High. Plasmawr were slightly more organised and took an early lead. They held off a dogged fight back to give St Illtyd's their first loss of the day. St Illtyd's then played Corpus Christi High and were beaten by an organised and quick team. With two games remaining, St Illtyd's were looking to get back to winning ways. They played Glantaf in a thrilling encounter. St Illtyd's scored a superb solo try in the last stages of the game to run out worthy winners. A fantastic result against high quality opponents. In the final game St Illtyd's lost to a disciplined Radyr team. Well done to all involved!

Year 8 rugby

The Year 8 rugby team are eagerly waiting to find out who they are playing in the next round of the Cardiff Schools Plate. Their next game will be against either Cathays High School or St Teilo's High School. The game will be played before the Easter break.

The Year 8 seven-a-side rugby team played

exceptionally well in the Cardiff Schools Rugby Tournament. The team started well, beating Cantonian High in a fast and powerful display. Next, they played Plasmawr High and lost narrowly (17-10) in a very close game. Their third game against Llanishen was the team's most difficult game, where they lost 20-10 to a strong and fast running team. The final two games were against Cathedral School which resulted in a 17-17 draw and Bishop of Llandaff. St Illtyd's ran out convincing winners in very wet and difficult conditions, winning 22-17. Well done to all involved!

Year 9 rugby

The Year 9 rugby team played against Cathays High School just before February half term. St Illtyd's started the game well scoring tries early on. This set the tone for the rest of the game. Forwards and backs linked well to score some exciting tries from their own half. St Illtyd's ran out convincing winners in the end, setting up a challenging semi-final against Cathedral School.

The semi-final started physically. St Illtyd's tried to impose their strong forward game, carrying hard with short off loads at the Cathedral defensive line. Cathedral defended well and tried to play a more expansive game, passing the ball wide to their wingers. However, St Illtyd's through some gutsy tackling and rucking at the breakdown managed to get the ball to Noah Hamid, who scored an excellent try to take a 7-0 lead at half time. St Illtyd's started the second half with the same vigour and determination. They built their score well



Year 9 Rugby



Year 10 Seven-a-side Rugby



Morgan Williams

throughout the second half scoring four further tries. A superb overall team effort meant that St Illtyd's ran out worthy winners and are now in the Cardiff Schools Plate final at Cardiff Arms Park in April. Well done all!

Year 10 rugby

The Year 10 rugby team lost to Cathedral School in the Cardiff Schools Plate quarter finals. The St Illtyd's team with several players missing put in a very resilient and gutsy performance but were edged out by a team with a large squad playing at home. Well done on a brave performance!

The Year 10 seven-a-side rugby team played extremely well in their group at Trelai Park. They played Llanishen in their first game, winning convincingly. All players showed excellent defensive discipline, getting back to their feet quickly to compete at rucks and form a wide defensive line. They played St John's College in their second game and managed a very narrow win against tough opposition. This set up a final against Cardiff West High School. With the scores level (7-7) with one minute to go, Cardiff West broke clear and scored to take the victory. A fantastic effort by St Illtyd's, who have not played a competitive match in over two years. Well done all!

Congratulations Morgan!

Congratulations to Morgan Williams for getting silver in sparring in his second competition as a black belt and silver with his tag team.

Sports/Chwaraeon continues overleaf>

DATES FOR YOUR DIARY

2022

Please note the following dates for the academic year:

TERM DATES

SPRING TERM 2022

Ends: Friday 08/04/22

SUMMER TERM 2022

Starts: Monday 25/04/22

Half term: Monday 30/05/22 - Friday 03/06/22

Ends: Friday 22/07/22

INSET DAYS –

Friday 24/06/22.

The school will be closed for the May Day Bank Holiday on Monday 02/05/22

Year 11 rugby

The Year 11 rugby team are eagerly waiting to find out who they are playing in the semi-final of the Cardiff Schools Plate. Their next game will be against either Cathedral School or St Teilo's High School. The game will be played before the Easter break.



Aimee Deacon

Millie Gold



Aliyah Afolabi



U12 Girls Football Team



U16 Girls Football Team



Maddie Coles



U14 Girls Football Team



Year 9 & 10 Basketball Team

Sports/Chwaraeon

Congratulations Aliyah!

Congratulations to **Aliyah Afolabi** on her three gold medals at the Welsh Athletics Indoor Championships that took place in February. Aliyah also achieved three U13 Championship Best performances in the 60m, 200m and long jump, which is an incredible achievement. Following this, Aliyah went on to compete in the British Championships in the older U15 age group. Aliyah won a silver medal in the 200m in these British Championships. A real talent to look out for in the future of athletics. Well done Aliyah!

Millie Gold Welsh Athletics – SIAB selection

Congratulations to **Millie Gold** (Year 9) who has been selected to represent Welsh Athletics in the SIAB Cross Country International taking part in March. Millie is taking part in the Junior Girls long race, following a very successful winter season of cross country which saw her get second place in the Welsh Schools competition in February. Another talent to watch out for in the future! Well done Millie!

Cardiff & Vale Girls Football

Well done to **MacKenzie Harry** (Year 11) and **Maddie Coles** (Year 10) who represented Cardiff and Vale Schools in the U16 Girls Football team facing Swansea Schools at the start of February and coming away with a win. **Aimee Deacon** (Year 9) continues her journey representing the U14 Cardiff & Vale team and younger sister **Lily Deacon** (Year 7) has been representing the U12 Cardiff & Vale team this season also. It is great to see so many girls gaining County honours in football and playing regularly this year. We wish them all the very best for the rest of the season.

Welsh Schools Football – Maddie Coles

Congratulations to **Maddie Coles** (Year 10) on her recent selection for the U16 Welsh Schools Football squad. Maddie will represent Wales against England later this month and we wish her all the very best in this match and in her future endeavours for club and country! A great honour for Maddie, who still has another year to play at U16 level. Well done Maddie!

Double Welsh Honours for Shyla Barratt

Congratulations to **Shyla Barratt** who has represented Wales in the Dance World Cup this year, winning a gold medal, and has now been selected for the Welsh U23 Netball Hub. This is a huge achievement for Shyla, as she is still only in Year 9. Shyla has also been playing for Cardiff & Vale Schools netball, and has been captain of the A team this year. A very bright future ahead for Shyla, well done!

Basketball News

Year 9 & 10 team

Well done to the Year 9 & 10 boys who played in the Cardiff Schools basketball tournament this term. Because one of the other schools pulled out on the day, the Year 9 & 10 team ended up in a group of three, meaning that they only had two games.

In the first game of the tournament St Illtyd's gave a very competitive showing against the eventual national finalists Glantaf. The game was tied for most of the first half before Glantaf pulled away.

In their second game, Illtyd's comfortably beat Fitzalan with a well-controlled game of basketball.

Despite not advancing this time, the Year 9 & 10 team can take confidence from their displays this year that they can compete for the title next year.

FINAL SCORES

Glantaf 28 v St Illtyd's 21

St Illtyd's 28 v Fitzalan 19

• **Most Valuable Player – Gabriel Navarro**

Year 11-13 team

Our Year 11s were up against it physically going against schools fielding Year 12 and 13 players. In their four games they did well to score on all their opponents, limiting their oppositions by scoring with some excellent defensive basketball.

• **Most Valuable Players – Bienvenu Masikini/ Emmanuel Kamara**

