

# STUDENT PRICE LIST

Any starred item can be purchased individually or upgraded to a Meal Deal at £3.20 and includes an item from our homemade bakery OR an item of fruit & a bottle of chilled Welsh water

#### **Breakfast**

See breakfast menu boards. (where available)

### Meal Of The Day - £3.20

A homemade, freshly prepared meal of the day. Served with side orders & a bottle of chilled Welsh water. \*See posters for today's options.

## Snack Meal Deals

#### **Option 1:**

any grab 'n' go item, pizza slice/calzone, jacket potato

or soup, homemade cookie or piece of fruit, and a bottle of chilled Welsh water

#### **Option 2:**

any pasta/rice/noodle pot or panini, homemade cookie or piece of fruit, and a bottle of chilled Welsh water.

#### **Option 3:**

any value range sandwich, homemade cookie or piece of fruit, and a bottle of chilled Welsh water.

#### Salads

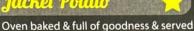
- Pasta layered salad
- Premium chicken salad
- \*See seasonal promotional posters

### Pasta Pot - £2.30

A healthy and filling range of pasta & sauce. Add garlic bread

(Garlic bread is included in meal deal)

#### **Jacket Potato**



£2 60

with a salad garnish. £1.10 Plain jacket potato

Filled potato

Beans & cheese

Cheese & coleslaw

Tuna mayo & cheese

Fresh, hot, wholesome & healthy.

£1.45 Bowl of soup

£0.30 Freshly baked bread roll £0.25 Flora butter portion

(Bread roll is included in meal deal)

#### Sandwiches. aquettes & Wrap

£2.15 Standard sandwich Premium sandwich £2.25

£2.35 Toasted sandwich £2.80

Filled baquette £2.60 Filled wrap

**Panini** 

#### Savouries

**Toast slice** £0.40 £0.85 Toasted bagel

Bacon OR sausage bap £1.80 Bacon OR sausage bagel

£1.65 Cheese & onion pasty £1.65 Bacon & cheese turnover

£1.60 Pizza slice/calzone

£1.60 Chicken/Quorn burger Chicken/Quorn burger

£1.75 with cheese £1.15 Cheese on toast

#### Sides

Sauce portion Jam portion Grated cheese (30g) **Baked beans** Curry sauce

Pasta/rice Vegetables of the day Potato portion

Side salad

#### akeru

£1.00 Homemade cookie Homemade cakes, muffins & flapjacks £0.90

Homemade dessert & custard Branded mini muffins Branded cookies, muffins & flapjacks £1.25

#### ruit & Yogurts

Fresh fruit item Fresh fruit salad Fruit & yogurt crunch Muller yogurt

#### of Drinks

Made with our own blend of Fairtrade coffee. (where available)

**Americano** Café latte Cappuccino Mocha Tea

#### Cold Drinks

Hot chocolate

Milk carton Fairtrade juice 200ml Fairtrade juice 500ml

**Radnor Fizz** 

Yazoo milkshake

Agua 67 Welsh bottled water



Allergen information is available on request

www.cardiff.gov.uk/schoolscatering